

A warming up exercise: How to use sensory and emotional words

Important notes:

1. Replace the word in **bold** with a sensory or emotional alternative.
2. Pick words from the list of sensory and emotional words, or find your own words.
3. No right or wrong answer exists. Often you'll find more possibilities.
4. Got stuck? Post your questions in the forum.
5. Post your answers to your warming-up exercise in the forum.

Below follow some examples first. The warming up exercises are on the next sheet.

Example 1:

Her presentation was **good**.

Possible answers:

Her presentation sizzled.
Her presentation was dazzling.
Her presentation with lipsmackingly good.
Her presentation was silky smooth.
Her presentation was shockingly good.
Her presentation was mesmerizing.

Example 2:

She **impressed** him with her proposal.

Possible answers:

She dazzled him with her proposal.
She blew him away with her proposal.
She kept him spellbound when presenting her proposal.
Her proposal gave him goosebumps.
Her proposal tickled his interest.

Now, it's your turn.

On the next sheet you'll find three sentences to flex your sensory muscles.

Try to find at least three options for each sentence. Don't stick to one sense (e.g., sight), but try different options (e.g. sight, taste, and emotion).

Sometimes you may need to slightly rephrase your sentences to use a word. That's fine. Use your creativity and experiment. Play with words and have fun. 😊

Sentence 1

His presentation was **bad**.

Sensory and emotional options:

Sentence 2

The sales guy seemed **untrustworthy**.

Sensory and emotional options:

Sentence 3

Her problems were **very big**.

Hint: You don't have to replace an adjective by an adjective (e.g., *Her problems were huge*), you can also introduce a different verb (e.g., *Her problems crushed her self-belief*).

Sensory and emotional options:
